

For those who will join the National Health Insurance

Everyone who lives in Japan - whether Japanese or foreign - must enroll in the National Health Insurance. By joining the health insurance, the amount of money you need to pay by yourself at hospitals or clinics when you get sick or injured will be reduced.

About the National Health Insurance

The National Health Insurance is for people who are not enrolled in Health Insurance through their workplace. Procedures for the National Health Insurance are done at the City Hall. When you join the National Health Insurance, you will receive an insurance card (eligibility certificate).

When you go to a hospital or clinic

When you go to a hospital or clinic because of illness or injury, please show your insurance card (eligibility certificate) at the reception.

The hospital or clinic will confirm that you are enrolled in the National Health Insurance. Once they confirm it, the portion of the medical costs you need to pay will be 20%–30% (the percentage varies depending on your age and other factors).

You cannot use someone else's insurance card (eligibility certificate).

If you have a My Number Card, you can use it as your insurance card once you register it for that purpose. For more details, please ask at the City Hall.

About the Insurance Tax

People who join the National Health Insurance must pay the Insurance Tax.

When you receive a notice from the City Hall about the Insurance Tax, be sure to pay it by the designated due date.

If you pay late, the amount you owe will increase.

Also, if you do not pay, you may not be able to renew your visa.

If you cannot pay, please consult with the City Hall.

About Notifications

Please notify the City Hall in the following situations:

【When you join the National Health Insurance】

- When you come to Japan
- When you move from another city or town
- When you leave your workplace's health insurance, etc.

【When you leave the National Health Insurance】

- When you leave Japan
- When you move to another city or town
- When you join your workplace's health insurance, etc.

※You cannot leave the National Health Insurance just because you do not want to pay the Insurance Tax.

Furthermore, you cannot leave the National Health Insurance just because you do not plan to go to the hospital.